

Troop 1090 Summer Backpacking Personal Gear List

To be used on summer campouts where we are hiking in.
(see <http://www.backpacking.net/ten-essl.html> for more details)

Question to ask: How comfortable would I be if I had to spend the night out at high altitude in inclement weather? - pack accordingly and don't expect your pack to be 16lbs

Essentials	<p style="font-size: small; margin: 0;">put these in a small ditty bag and keep it in your pack</p> <ul style="list-style-type: none"> <input type="checkbox"/> Map (of the area you'll be in - your group should have at least one - leader will provide) <input type="checkbox"/> Compass (0 to 360 degrees with 2 degree increments) <input type="checkbox"/> Flashlight or headlamp with extra batteries <input type="checkbox"/> Emergency Food (no cooking - granola bars and similar foods) <input type="checkbox"/> Personal First Aid Kit <input type="checkbox"/> Pocket Knife or Multi-tool <input type="checkbox"/> Waterproof Matches or Lighter <input type="checkbox"/> Firestarter with tinder <input type="checkbox"/> Water Bottle or Camelback-type device - 1.5L minimum <input type="checkbox"/> Whistle (plastic, pea-less) <input type="checkbox"/> Insect Repellent <input type="checkbox"/> Sunscreen
Required Items	<ul style="list-style-type: none"> <input type="checkbox"/> Full-size backpack (internal or external frame) - no daypacks or duffle bags Everything should fit in, on or be securely attached - hands should be free <input type="checkbox"/> Lightweight Tarp, Bivy bag or one-man backpacking tent Larger tents (2-3 man) will work if the parts are split up between more than one person. <input type="checkbox"/> Sleeping Bag (summer weight) <input type="checkbox"/> Foam Pad or Thermarest (light weight) <input type="checkbox"/> Water Filter - may be shared with more than 1 boy - \$20 Sawyer Mini available at Walmart <input type="checkbox"/> Backpacking Stove with fuel (may be shared by 3-4 boys) - for boiling water with meals <input type="checkbox"/> Mess Kit <ul style="list-style-type: none"> <input type="checkbox"/> Cup <input type="checkbox"/> Small Pot (comes with most mess kits) for boiling water <input type="checkbox"/> Boots / Sturdy Shoes <input type="checkbox"/> Long Pants (it may get cold at night) <input type="checkbox"/> Winter Hat (it may get cold at night) <input type="checkbox"/> Long Sleeve and Short Sleeve Shirts <input type="checkbox"/> Good Socks (no holes) <input type="checkbox"/> Hat <input type="checkbox"/> Poncho (it may rain) <input type="checkbox"/> Small rope (30-50 feet of parachute cord is best) - to hang food at night <input type="checkbox"/> 2 large (33 gallon) trash bags - backpack cover and emergency use <input type="checkbox"/> Medications, creams (with instruction list to give to scoutmaster in case of emergency) <input type="checkbox"/> Ibuprofen/Advil (helpful for combatting the beginnings of altitude sickness) <input type="checkbox"/> Hand Sanitizer <input type="checkbox"/> Eyeglasses/contacts (if needed) <input type="checkbox"/> Light, Waterproof Jacket <input type="checkbox"/> Small Camp Towel <input type="checkbox"/> Toilet paper <input type="checkbox"/> Small Trowel or Spade (leave-no-trace potty) <input type="checkbox"/> Space bag/blanket
Optional	<ul style="list-style-type: none"> <input type="checkbox"/> Hiking Staff/Sticks (optional) <input type="checkbox"/> Camera (optional) <input type="checkbox"/> Pillow (optional) <input type="checkbox"/> Toothbrush & toothpaste (optional) <input type="checkbox"/> Sunglasses (optional)

Prohibited items The following items should **NOT** be brought:

Firearms or ammunition (prohibited by Boy Scouts of America)
Archery Equipment (prohibited by Boy Scouts of America)

If these items are brought, they will be confiscated and kept for the parents of the boy to pick up.